



About Saqijuq

ᐱᓄᓂᓄ Saqijuq, “a change in wind direction” in Inuktitut, is a non-profit organization based in Nunavik.

We work to promote healthy lifestyles, reduce the impacts of substance use, and offer alternatives to incarceration. By strengthening cultural and intergenerational connections, Saqijuq supports community safety and individual healing.

Our two key programs — the On-the-Land program and the Mobile Intervention Team — help Inuit reconnect with their culture, navigate difficult moments, and build healthier, more resilient lives.

MIT Reach Out



Service Hours

Monday to Saturday
4:00 PM to 1:00 AM



Phone Numbers

Call NPS and **ask for MIT** at:

- (819) 964-2095
- (819) 964-9111 (emergency)



Intervention Vehicle

Look for the clearly marked Saqijuq vehicle — not an NPS patrol car.

Let's Stay Connected

✉ info@saqijuq.com

🌐 www.saqijuq.ca

📘 www.facebook.com/Saqijuq

📷 @saqijuq



a change in wind direction



NOW AVAILABLE IN KUUJJUAQ

Mobile Intervention Team

Here When You Need Us Most

What Is Mobile Intervention Team (MIT)?

MIT is a patrol team made up of a **community worker and a police officer**, working side by side to respond to critical situations like:

- Suicide prevention and support
- Conjugal violence intervention
- Mental health crises
- Children and youth at risk

Using non-violent intervention techniques, MIT's mission is to de-escalate crises with compassion, offering family- and community-centered support while avoiding criminalization or stigma.

MIT's goal:

De-escalate. Support. Heal.



Why MIT Works

- » **Client-Centered Resolutions**
MIT focuses on each person's unique needs to offer respectful, effective outcomes.
- » **Compassion Is The First Response**
MIT combines de-escalation with alternative approaches to:
 - Reduce arrests, detentions, and hospital transports
 - Decrease the use of police force
 - Reduce the stigma surrounding mental health issues
 - Prevent the unnecessary legal or criminal response to mental health crises
- » **A Coordinated System of Support**
MIT mobilizes the right resources, professionals, families, elders, to build lasting, trusted solutions.
- » **A Positive Presence in the Community**
MIT actively participates in street outreach and cultural, sports, and community events to build trust, respond quickly, and maintain a caring, visible presence in daily life.

Stronger Together: The Impact of MIT

MIT has been active in Puvirnituaq since 2019 and has led to:

- A more respectful, client-centered approach to mental health
- Reduced police use of force and decreased stigmatization
- Fewer arrests and detentions
- Better use of community and informal support networks
- Stronger collaboration across departments and services
- A positive impact on both clients and partners

2024 data



595 interventions

97% non-judicial outcomes

89% client collaboration

86% resolved in the community

“For every \$1 invested in MIT, \$2.04 in benefits are generated.”

Source: Barbeau-Le Duc, M.C. & Jaccoud, M. (2021), MIT Puvirnituaq Detailed Report